



Assessment of Bacteriological Quality in Selected Commercially Important Shrimps of Visakhapatnam, East Coast of India

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Abstract: The present study was carried out on microbial investigation to screening of pathogenic microorganism of selected commercially important shrimp samples *Parapenaeopsis stylifera* (Milne-Edwards, 1837); *Penaeus merguensis* (de Man, 1888) *Penaeus japonicas* (Spence Bate, 1888) *Ganjampenaeopsis uncta* (Alcock, 1905) and *Penaeus indicus* (Milne Edwards, 1837) collected from fishing harbour of Visakhapatnam, east coast of India. The study was performed during the period of April 2015 to March 2016. Selectively, five commercially important shrimp were used to evaluate the quality of samples in terms of microbial content, using Agar plate method, Total Bacterial Count (TBC), Total coliform counts (TCC) was performed. The TBC ranged from 1.82×10^2 cfu/g to 3.23×10^2 cfu/g and TCC was found in between 2.14×10^2 and 5.22×10^2 whereas the total coliform count was not exceeded the acceptable limit recommended by FAO. The highly pathogenic bacteria *Salmonella sp.*, *Vibrio sp.*, was found in the collected shrimp samples.

Keywords: TBC, TCC, Shrimps, Microbial Examination, East Coast of India

1. Introduction

Shrimp is one of the world's most popular shell fish and is mainly consumed in the Asian Countries. Shrimps are highly priced seafood delicacy, are cash crop grown mainly for the affluent export and urban markets. Seafood are an significant fraction of a healthy diet where they have high quality protein and other indispensable nutrients can be low in saturated fatty acids and may contain omega-3 fatty acids [1]. Screening of pathogenic microorganisms from commercially important marine fishes [2]. As the demand for fish is continuously increasing, making the required protein available to the existing population is a challenge [3]. The microbial load and the presence of the bacterial pathogens in seafood are a good indication of the food quality and the potential health risk they pose to consumers [4]. Pathogenic

microbes usually are anaerobic forms harboured within the intestinal micro flora [5] which has a close connection, with micro-flora present in the environment. These are considered to be the major organisms contributing to the rapid deterioration of shrimp quality. Often, shrimp products are rejected for the export markets due to small size, bacterial load or chemical residue levels and are shunted to local markets [6]. Shrimp is a perishable product, and postmortem changes occur rapidly compared with those of fish. Rapid microbial spoilage during postmortem storage is a serious problem in shrimp processing [7]. Free amino acids and other soluble non-nitrogenous substances in shrimp serve as digestible nutrients for microbial growth [8]. In spite of the high demand, good flavor, and price of the blue shrimp muscle, studies and information about the postmortem changes and their impact on quality changes are scarce.

Shrimps deteriorate due to improper handling, and further

processing can never bring back its freshness. Low quality frozen foods are related with improper processing and poor hygienic conditions. Contamination in shrimp may be due to poor hygienic condition including inappropriate processing, preservation and storage condition [8] [9]. Consequently, shrimps may be contaminated with different types of bacteria such as *Vibrio sp.*, *Salmonella sp.*, *coliform*, *shigella sp.*, *pseudomonas* and *Staphylococcus sp.*, those spoil fishes and are responsible for causing cholera and other food borne disease outbreaks [10], [11], [12]. The common species of bacteria occurring in fresh meat are *Pseudomonads*, *Staphylococci*, *Salmonella*, *Shigella*, *Vibrio* etc., and are largely a reflection of the microbial quality of the environment from where they have been isolated [13]. The Food and Agricultural Organization of the United Nations and the World Health Organization [14] state that illness due to contaminated food is perhaps the most widespread health problem in the contemporary world and an important cause of reduced economic productivity [15]. The present investigation attempted to quantify the pathogenic bacteria in the commercially important shrimp samples of Visakhapatnam fishing harbor, east coast of India.

2. Material & Methods

Sampling Area

The commercially important marine shrimp samples were collected in fish landing centre off Visakhapatnam and transported to the laboratory for further microbiological analysis during the period from March 2015 to January 2016. The four common shrimps are *Parapenaeopsis styliifera* (Milne-Edwards, 1837), *Penaeus merguensis* (de Man, 1888), *Penaeus japonicus* (Spence Bate, 1888), *Ganjampenaeopsis uncta* (Alcock, 1905) and *Penaeus indicus* (Milne Edwards, 1837) were selected for the screening of microbial population. The selective shrimps were identified using standard taxonomic identification sheets [16].

10 gm of collected sample (Muscle) was homogenized through blending with 90 ml peptone water individually in

sterile automatic blender and were serially diluted up to 10^{-6} . The sample (0.1 ml) was spread onto nutrient agar (NA) Eosin methylene blue agar (EMB) for analysis of total Bacterial count (TPC) Total Coliform Count (TCC), and *Pseudomonas* Agar, *Salmonella* / *Shigella* Agar (SSA), Thiosulfate Citrate Bile Salt Sucrose Sugar Agar (TCBS), and Manitol Salt Agar (MSA) for, qualitative analysis of *Pseudomonas sp.*, *Salmonella sp.*, *Shigella sp.*, *Vibrio sp.*, and *Staphylococcus sp.*, counts respectively. After spreading, the plates were incubated at 37°C for 24 hours.

3. Results

The result of microbial quality assessment was conducted on five selected shrimps in Visakhapatnam fishing harbor, east coast of India. Table 1 showed the total bacterial counts and total coliform counts of different shrimp samples. Table 2 depicted the following status of the bacterial pathogens from different shrimp samples.

Table 1. TBC and TCC isolated from collected shrimp samples.

Samples Names	TBC	TCC
<i>Parapenaeopsis styliifera</i>	2.56X10 ²	4.82X10 ²
<i>Penaeus merguensis</i>	3.04X10 ²	5.22X10 ²
<i>Penaeus japonicus</i>	2.22X10 ²	4.23X10 ²
<i>Ganjampenaeopsis uncta</i>	3.23X10 ²	5.22X10 ²
<i>Fenneropenaeus indicus</i>	1.82X10 ²	2.14X10 ²

The highly total count (CFU/ml) was reported in sampling of shrimp (5.9×10^3) compared to the other sampling count (Table 1). The highest count of TPC was found in *Ganjampenaeopsis uncta* 3.23X10² CFU/g and the lowest count 1.82X10² were found in *Penaeus indicus*. Indicator organisms as the Total Coliform Count (TCC) were found in almost all the samples of five shrimp, collected from Visakhapatnam fishing harbour. The highest count of TCC (5.22X10²) found in *Penaeus merguensis* and *Ganjampenaeopsis uncta* and the lowest count was found in *Penaeus indicus* samples.

Table 2. Microorganisms isolated from collected shrimp samples.

Bacterial Isolates	Frequency (%)	<i>P. styliifera</i>	<i>P. merguensis</i>	<i>P. japonicus</i>	<i>G. uncta</i>	<i>P. indicus</i>
<i>Pseudomonas sp</i>	12 (28)	+	+	+	+	+
<i>Salmonella sp</i>	04 (9)	-	+	+	-	-
<i>Shigella sp</i>	06 (14)	-	+	+	+	+
<i>Vibrio sp</i>	08 (19)	+	+	+	+	-
<i>Staphylococcus sp</i>	13 (30)	+	+	+	+	+

Table 2 depicted the following status of the bacterial pathogens from the surface of different shrimp and prawn samples i.e. *Pseudomonas sp* [12 (28%)] and *Staphylococcus sp* [13 (30%)] were most frequently isolated being present in all samples, followed by *Vibrio sp.* [8 (19%)] and *Shigella sp* [06 (14%)] were found in almost all of the samples, whereas *Salmonella sp.* [4 (9%)] present only in *P. merguensis* and *P. japonicus* respectively.

4. Discussion

The environment acts as main source of this organism in aquaculture products rather than poor standards of hygiene and sanitation. But external contamination may also be the source of the occurrence of these bacteria in fish and prawns [17]. The presence of indicator and other organisms examined in this

study is of special concern and perhaps the greatest danger associated with shrimps used for food preparation, eating purposes and for other human consumption is contamination by human excrement [18], [19]. The need for microbial assessment of shrimps and other seafood products processed and repackaged for human consumption to reduce possible contamination [20], [21]. The microbial studies on shrimps suggests that there is need to improve on hygienic and sanitary practices in public frozen seafood processing outlets in order to obtain relatively safe products for consumption. The presence of *Staphylococcus sp* and *Salmonella sp.* was also reported in sausages sold in Abeokuta and Benin-city, Nigeria in a similar study by [22]. According to [22] most of the sausage being sold as ready-to-food pose health risk to consumers, making it imperative to institute not only sanitary measures during its production and sales but for retailers selling raw of pre-processed foods to have a steady source of power supply.

As the processing plants follow proper EU guidelines for handling, processing and storage of fish, polluted aquaculture environment might be responsible for the presence of *Salmonella sp.* Similarly [23] for Gulf shrimp and [24] for Bombay prawns both reported *Achromobacter*, *Bacillus* and *Pseudomonas* as the main groups present on fresh shrimp. The isolation and identification of bacteria from the surface of frozen seafood products were *Enterobacter aerogenes*, *Salmonella sp.*, *Flavobacterium sp.* and *S. auerus* [25]. According to ICMSF guidelines, other bacteriological parameters were within the acceptable limits and total coliform limit is 1.0×10^6 CFU/g can be present in the food, but all of the shrimp and prawn samples were exceeding the limit. The presence of *S. aureus*, *Salmonella sp.* and *Shigella sp.*, pathogenic organisms of public health concern and significance in these shrimp samples and these might have contaminated from source as a result of handling by processors. Improper handling and improper hygiene might lead to the contamination of sea foods and this might eventually affects the health of the consumers [26], [27], [28]. However, the processors/handlers/sellers should observe strict hygienic measures so that they will not serve as source of chance inoculation of microorganisms and contamination of these shrimp samples.

5. Conclusion

The present study concluded the local market shrimps from harbor boast enormous collection of pathogenic microorganisms. In view of these findings, this study recommended to pursue a proper guideline for the maintenance of microbiological quality of shrimps. Proper hygiene and sanitation should be maintained throughout the time period from capture and delivery to the consumers of the shrimps where thereby assist in the diminution of food borne disease.

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